

quick question

# building blocks

## WHAT ARE YOUR FAVORITE **SUMMER SKINCARE** INGREDIENTS?



**Sharon Bomar**  
owner and licensed  
esthetician  
PeaceLoveSkinCare  
Pleasant Hill, California

“ Summer is all about feeling refreshed, and what better way to do that than with natural fruity and floral essences? Cucumber is a front-runner, as it’s cooling and pleasantly scented. Goji berry is a must, because it’s high in minerals and brightening vitamin C. Honey is packed with antioxidants, a natural humectant and antibacterial—ideal for combating breakouts. I also like to mix a rosewater and collagen concoction to provide a relaxing, anti-inflammatory infusion to clients’ skin. And, of course, zinc oxide and titanium dioxide—my top sources of sun protection. ”



**Gregory Johnson**  
esthetician  
Spa@theWit at theWit Hotel  
Chicago

“ Summer heat combined with the abundance of UV rays and external allergens bombard the epidermis. I recommend these ingredients for fighting summer skin challenges: Hyaluronic acid increases water content and aids in product absorption; niacinamide helps reduce inflammation, diminish the appearance of hyperpigmentation and lower topical water loss; peptides repair damaged collagen; and vitamins A, C and E speed cellular turnover and defend against UV ray absorption. ”



**Rose Brenkus**  
spa director  
Bamford Haybarn Spa  
at 1 Hotel Brooklyn Bridge  
Brooklyn, New York

“ One of my favorite summer skincare ingredients is strawberry. While most people toss the fruit into their summer salads, I use it to moisturize clients’ (and my own!) skin, when extra time spent outdoors can wreak havoc on the complexion. Strawberry seed oil is rich in fatty acids and antioxidants, and leaves guests looking fresh-faced and glowing wherever their travels take them. I think summer should be about simple skin care, so I suggest using a strawberry seed oil elixir alone or added to another product they already use. ”

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## RETAIL ROCKSTAR



### THE SPA

Celebrity Spa & Salon  
in College Station, Texas

### THE PRO

Leah Lucas, owner

### THE STAR

FarmHouse Fresh  
Honey Heel Glaze

### WHY IT ROCKS

“This is one of our most popular products thanks to its instant results, and also because it’s natural and gluten-free. So it fits perfectly into our all-natural nail department, and is safe for those with sensitive skin. In fact, my son has extreme allergies, dry skin and cracked feet from playing sports and he uses it weekly; it has greatly improved his skin,” enthuses the spa owner. “The Honey Heel Glaze makes clients’ feet baby-soft. It’s a staple in almost every one of our pedicures, but our nail technicians also suggest it for at-home maintenance between regular nail appointments. We display our seasonal pedicure products so guests can purchase them for home care, and this one sells itself!”

